

Advanced Counseling Theories

COUN-5312

24/FA Section AN03 08/19/2024 to 12/12/2024 Modified 08/04/2024

Meeting Times

08/19/24 - 12/12/24 Internet

Contact Information

Professor: Dr. Kristi Lee Tew

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Phone: 817-564-1200 (Cell Number)

You can schedule a time to meet with me on campus, usually on Wednesdays. If you need something more immediate, please feel free to text me.

Course Description

A study of the philosophical and theoretical foundations of the helping process, focusing on selected theories and techniques of counseling as applied to normal and abnormal human behavior. An integration of the Christian worldview with counseling theory and techniques is emphasized.

Requisites

None.

Learner-Centered Outcomes

Student Learning Outcomes: By the end of this course (COUN 5312) the student will be able to:

	Outcome and CACREP Standard(s)	Means of Assessment

1.	Demonstrate a working knowledge of the fundamentals of the major psychological approaches to therapeutic counseling (II.F.5.a; V.C.1.b).	Final exam (KPI)
2.	Distinguish the philosophical differences between selected theoretical approaches (II.F.5.a; V.C.1.b).	research paper
3.	Analyze theoretical issues and techniques from the perspective of a Biblical world view.	research paper
4.	Demonstrate proficiency in identification and application of techniques related to specific theories in counseling (II.F.5.a; V.C.1.b)	paper comparing Adlerian / Reality Therapy Behavior Therapy quiz
5.	Identify a personal theoretical orientation for clinical practice (II.F.5.n)	Halbur's Theory Sorter

Materials

Theoretical Models of Counseling and Psychotherapy

Author: Kevin Fall, Janice Holden & Andre Marquis

Publisher: Routledge

Edition: 3rd

ISBN: 978-1-138-83928-1

Counseling & Psychotherapy- A Christian Perspective

Author: Siang-Yang Tan

Publisher: Baker Academic

Edition: 2011

ISBN: 978-0-8010-2966-0

Developing your Theoretical Orientation in Counseling and Psychotherapy

Author: Duane Halber & Kimberly Halbur

Publisher: Pearson

Edition: 2nd

ISBN: 978-0-13-715257-5

✓ Assignments

Assignment	Weight	Purpose	Details
Research Paper	30%	Structure of Theory of a notable theorist	The paper must be arranged in the American Psychological Association (A.P.A.) format, be not less than 10 pages, with at least 10 references, You CANNOT pass this paper if you submit less than 10 pages of content. Cover page, abstract, and references do not count toward your 10 pages. The paper will be graded on content, style, format, and grammar. Papers are due on the date assigned, and there will be an automatic deduction of 5 points per day that it is late. The outline for the paper should include: Brief history of the theorist, view of human nature, the role of the therapist, unique techniques of the theory, Target clientele for the theory, analysis of how change takes place, and an analysis of the theory from a Christian perspective.
Discussion Topic	10%	Critical Thinking Skills	The purpose of this assignment is to present answers based on personal values and helps develop understanding of the different theories.
Comprehensive exam	30%	Evaluation of mastery of material presented during the semester	The purpose of this exam is to demonstrate a working knowledge of the fundamentals of the major psychological approaches to therapeutic counseling.

Comparison Paper	15%		The purpose of this assignment is to demonstrate proficiency in identification and application of techniques related to specific theories in counseling. You will prepare a paper comparing Adlerian and Reality Therapy. The paper should: 1. highlight concepts contained in both theories 2. discuss the position on spirituality held by each theorist. 4 page minimum. APA format required. Use textbooks as your resources. Citations required.
Halbur's Theory Sorter (STSR)	15%	Survey of Theoretical Orientation	The purpose of this assignment is to identify a personal theoretical orientation for clinical practice. The Theory Sorter is located on page 33-34 of the Halbur text. Complete the theory sorter and unload your results page and include a one-page reflection of your thoughts regarding your results.

Requirements for Credit

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Institutional Policies

Requirements for Undergraduate and Graduate Credit

When a 5000-level Graduate course is cross-listed with a 4000-level Undergraduate course or a 7000-level course is cross-listed with a 6000-level course, the syllabus clearly defines specific graduate requirements which reflect appropriate deeper learning experiences and rigor in the higher-level course.

Attention Education Certification Students: Go to [dbu.edu/education/requirements](http://www.dbu.edu/education/requirements) (<http://www.dbu.edu/education/requirements>) for essential program requirements.

Attendance Policy

Attendance in class is considered a necessary factor in the learning process. Students are expected to attend and participate in class. For traditional courses, absences must be kept to a minimum and should not exceed 25 percent of the total class time. Exceeding this threshold may result in the student failing the course. The policy concerning class attendance for non-traditional courses (such as seminars, CPs, or other guided learning experiences) will be determined by the faculty member.

Faculty will provide students an opportunity to complete work missed because of absences for required, University-sanctioned events. Students participating in University-sanctioned events must notify the professor in writing at least one week in advance. The professor may decide when and how the work will be completed or will otherwise adjust the grading to ensure that the student is not penalized for the absence, provided that the student has properly notified the instructor.

NOTES:

- Per the athletic attendance policy, student-athletes may not miss class for any reason other than university-excused, athletic-related competition or severe illness/catastrophic injury.
- Students who register during Late Registration are responsible for work missed, and these absences do not count toward the 25 percent student absence policy.
- Students verified by the professor(s) as never attending, for each of the classes in which they are enrolled, will be subject to an automatic drop from these classes, which will result in the cancellation and return of any financial aid received.
- Students must consult the course syllabus for further clarification of attendance requirements for each of their courses. Students are required to adhere to the attendance and make-up policies set by the faculty member in compliance with the University Attendance Policy.

GPA Scale

The GPA grading scale adopted by DBU for courses is:

A+	A	A-
4.00	4.00	3.67
B+	B	B-
3.33	3.00	2.67
C+	C	C-
2.33	2.00	1.67
D+	D	D-
1.33 F	1.00	0.67
0.00		

** No grades of D are awarded for graduate courses

Service-Learning

Service-learning is a teaching and learning strategy which integrates academic instruction, community service, and guided reflection from a Christ-centered, faith-based perspective in order to enhance student learning, to foster global civic responsibility, and to develop servant leaders. All courses play an important role in providing the student with an appropriate curricular foundation for service-learning. Designated service-learning courses incorporate a field-based component to provide the student with a curricular service-learning experience

Financial Aid

Students who are receiving federal, state, or institutional financial aid who withdraw or add hours during the semester may have their financial aid adjusted because of the withdraw or addition. This change in schedule may affect the aid they are receiving during the current semester, and could affect their eligibility for aid in future semesters.

Disabilities

The student has the responsibility of informing the **Dean of Students, at (214) 333-5340**, of any disabling condition for which the student will request course modifications and/or accommodation. Dallas Baptist University provides academic adjustments and auxiliary aid to individuals with disabilities, as defined under law, who are otherwise qualified to meet the institution's academic requirements. It is the student's choice and responsibility to initiate any request for accommodations. Required documentation must be provided before the university can make accommodations.

University Honor Code/Academic Appeal and Academic Misconduct Procedure

The faculty member endorses the **University Honor Code** and abides by the **University's Academic Appeal and Academic Misconduct Procedure** as stated in the Student Handbook and the Schedule of Classes.

Cheating and/or plagiarism, including the unauthorized use of generative artificial intelligence such as [image generators, code generators, audio/video generators or large language models](https://dbu.blackboard.com/bbcswebdav/xid-25795182_1) (https://dbu.blackboard.com/bbcswebdav/xid-25795182_1), is not tolerated at Dallas Baptist University and may result in academic discipline up to and including suspension or expulsion.

Final Course Grades

Official final course grades are available only online through Self-Service. The Registrar's Office will only mail grades to a student upon request. The Dallas Baptist University undergraduate and graduate catalogs state that "All accounts must be paid in full before a student can...receive transcripts..." According to FERPA, faculty may not provide final grade information to students via telephone, email, posting or any other source which might compromise student confidentiality.

Children in Classes and Unaccompanied Children

Minors who are not DBU students are not permitted to attend class. Furthermore, minor children may not be unaccompanied on any property owned or operated by Dallas Baptist University. For their safety and welfare, unaccompanied children on any property owned or operated by Dallas Baptist University will be escorted to the Campus Security Office or other duly authorized location and the parents or guardians will be summoned to pick them up immediately.

Cell Phone and Electronic Device Policy

Electronic devices shall only be used for course specific work. The professor reserves the right to ban their use at any time. The policy concerning electronic devices for individual courses, seminars, or other guided learning experiences will be determined by the faculty members in charge of such course, seminar, or learning experience.

Electronic Communication Policy

The DBU campus e-mail system, or any other form of DBU electronic communication (i.e. Blackboard, class discussion, Collaborate) may not be utilized as an avenue to advertise the selling of goods or soliciting of donations from students, faculty, staff or members of the university community.

Graduating Students Grades

It is the responsibility of the student to notify the instructor if graduating this semester. Final exams for graduating students will be given earlier. Final grades for graduates are due in the Registrar's Office by noon on the Monday before Commencement ([see Academic Calendar \(https://www.dbu.edu/academics/calendar\)](https://www.dbu.edu/academics/calendar)). These grades are final. The instructor will not submit late grades for graduates nor change grades once they are submitted.

Unauthorized Recordings on Campus

Students are not permitted to make or attempt to make an audio or video recording of any academic class, lab, course discussion or other academic instructional meeting without the explicit permission of the professor. Recordings that receive approval from the professor or are designated accommodations for a documented disability are for personal use only and may not be uploaded to the internet or otherwise shared, transmitted, or published. Recording of class without permission is a violation of the Student Code of Conduct as listed in the Student Handbook.

Accelerated Graduate Placement and Bridge Programs

Some 4000-level courses offer students an opportunity to participate in DBU's Accelerated Graduate Placement (AGP) and Bridge Programs.

AGP: The content of AGP courses is similar to that taught in paired 5000-level courses, and eligible students enrolled in the 4000-level course have the opportunity to fulfill graduate-level learning outcomes and complete graduate-level assignments that can be applied for credit when they start their graduate program at DBU. Students interested in AGP credit should carefully consult the AGP <https://catalog.dbu.edu/undergrad/agp/agp> (<https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcatalog.dbu.edu%2Fundergrad%2Fagp%2Fagp&data=05%7C02%7Ccarol%40dbu.edu%7C4ea19e86139b48905fa208dc4dd0d8b7%7C5faad9d5803d4f86b0a9b9918b9f19a3%7C0%7C0%7C638470806593056316%7CUnknown%7CTWFpbGZsb3d8eyJWljiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Iklk1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=7wMf%2FS%2Fpc6GVQdQvEO3hfbGF2F0Fe0R8yE8cz2XzPPU%3D&reserved=0>) pages in the catalog for requirements and conditions and should consult with their advisors and professors for additional information.

Bridge: Courses identified as Bridge eligible allow students to begin the Master of Arts in Professional Counseling or Master of Arts in Psychology program while still completing their undergraduate Psychology program. Students interested in one of these two graduate degrees should consult the Bridge <https://catalog.dbu.edu/undergrad/bridge/psycbridge> (<https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fcatalog.dbu.edu%2Fundergrad%2Fbridge%2Fpsycbridge&data=05%7C02%7Ccarol%40dbu.edu%7C4ea19e86139b48905fa208dc4dd0d8b7%7C5faad9d5803d4f86b0a9b9918b9f19a3%7C0%7C0%7C638470806593068858%7CUnknown%7CTWFpbGZsb3d8eyJWljoiMC4wLjAwMDAilCjQijoiV2luMzliLCJBTil6lk1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=wTFVJomtgco2C0tVrRPSIFKoHFbcpFca21BxU8wd0dw%3D&reserved=0>) pages in the catalog for requirements and conditions and should consult with their advisors for additional information.

Schedule

(May change during the semester)

Session Dates	Topic	Assignment
Session 1 Aug 19	Orientation; Intro. to Christian Counseling Psychoanalysis Sigmund Freud	Fall, Holden and Marquis Ch. 1 & Ch 2 Tan Ch. 1 & 2 Theory Sorter paper due Sept 3 in Session 2 based on Halbur & Halbur, pages 31-36 Discussion Board
Session 2 Aug 26	More on Freud's Psychoanalysis & Other Neo- Freudians Carl Jung	Fall, Holden and Marquis Ch. 3 Tan Ch. 6 Theory Sorter due September 9th. Include picture of results page with one page (double-spaced) reflection. Must Include picture of results for 50 points and reflection paper for the other possible 50 points. Discussion Board

Session 3 September 2	Alfred Adler Adlerian/ Individual Psychology	Fall, Holden and Marquis Ch. 4 Tan Chapter 5 Participate in Discussion Board Topic for Session 3 Discussion Board
Session 4 September 9	Carl Rogers Client Centered Therapy	Fall, Holden and Marquis Ch. 6 Tan. Ch. 8 Discussion Board
Session 5 September 16	Reality Therapy William Glasser	Fall, Holden and Marquis Ch. 11 Tan Ch. 10 Review Reality Therapy for topics for Comparison Paper Discussion Board
Session 6 September 23	Review Week & Ethics	Fall, Holden and Marquis Ch. 6 Tan Ch. 8 Tan Chs. 3 and 17 COMPARISON PAPER DUE OCTOBER 1st
OCTOBER 7	DBU FALL BREAK	No Classes
Session 7 October 14	Fritz Peres Gestalt Therapy Multimodal	Fall, Holden and Marquis Ch. 7 Tan Ch. 9 Discussion Board

Session 8 October 21	Behavioral	Fall, Holden and Marquis Ch. Tan Ch. Participate in Discussion
Session 9 October 28	Cognitive Aaron Beck	Fall, Holden and Marquis Ch. 9 Tan Ch. 12 Participate in Discussion Board
Session 10 Nov 4	REBT Albert Ellis	Fall, Holden and Marquis Ch. 10 Tan Ch. 12 Participate in Discussion Board Topic
Session 11 November 11	Existential Therapy Logotherapy by Viktor Frankl	Fall, Holden and Marquis Ch. 5 Tan Ch. 7 Participate in Discussion Board Topic
Session 12 November 18	Family Systems	Fall, Holden and Marquis Ch. 13 Tan Ch. 13 Participate in Discussion Board Research paper due December 3rd
Session 13 November 25 (Monday/Tues)	Christian Approach to Counseling- Part 1	Tan Ch. 15 and 16 Participate in Discussion Board Topic Research paper due December 3rd Begin reviewing for a comprehensive final exam.
November 27 (Wed-Friday)	Thanksgiving Break	Enjoy time with your family and friends!

Session 14 December 2	Constructivist Approaches Christian Approach to Counseling Part II	Fall, Holden and Marquis Ch. 12 Review & Study for final exam.
Session 15 December 5-11	Final Exam	Take Final Exam If Graduating, you must take your exam by December 8 as grades are due by noon on Dec 9.